

Active Kids Club

Checklist: 10 questions for the coach before signing up

1. What is your coaching philosophy and approach to youth sports?
2. What certifications and background checks do you hold?
3. How do you handle injuries and what are your emergency protocols?
4. How is playing time distributed among team members?
5. What are the expectations regarding parental involvement?
6. How do you communicate with players and parents about progress and issues?
7. What are the costs involved (fees, uniforms, travel)?
8. What is the practice and game schedule like?
9. Do you emphasize skill development over winning?
10. Can we observe a practice before committing?

Remember, the goal is to find a safe, supportive, and fun environment for your child's athletic development.